

# AAHAAR

2023 - 24

*Food is not rational.  
Food is culture, habit, craving and identity!*



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 **90995 00000**

RESILIENCE

CONFLICT RESOLUTION

HEALTHY LIFESTYLE CHOICES

CONFIDENCE

CREATIVITY


EFFECTIVE COMMUNICATION


SELF-ESTEEM



LEARNING TO LEARN

EMPATHY

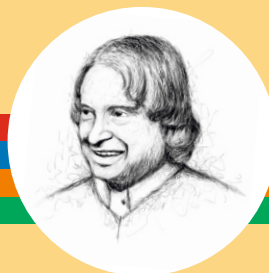
**IT'S  
ALL ABOUT THE JOURNEY,  
NOT THE OUTCOME!**

SAT	1	Teachers' Orientation for New & Old (I to XII) New Parents Orientation for Classes V-IX Term-Break for Classes X and XII begins
	2	<b>SUNDAY</b>
MON	3	Staff Training
TUE	4	Staff Training
WED	5	Staff Training Term-Break for Classes X and XII ends
THU	6	New Academic Year 2023-24 begins for Classes V-IX Classes X and XII resume New Parents' Orientation for Classes I to IV begins
FRI	7	 <b>Good Friday – Holiday</b>
SAT	8	<b>Second Saturday-working</b> New Parents Orientation for Classes I to IV ends Orientation for Class XI
	9	<b>SUNDAY</b>
MON	10	New Academic Year 2023-24 begins for Classes I-IV & XI PT-1 of Class X and UT-1 of Class XII begin

TUE	11	
WED	12	
THU	13	
FRI	14	 <b>Ambedkar Jayanti - Holiday</b>
SAT	15	
	16	<b>SUNDAY</b>
MON	17	
TUE	18	
WED	19	PT-1 of Class X and UT-1 of Class XII end
THU	20	

FRI	21	
SAT	22	 <b>Edi-ul-Fitar - Holiday</b>
	23	<b>SUNDAY</b>
MON	24	
TUE	25	
WED	26	
THU	27	
FRI	28	
SAT	29	Last working day for Classes I-XII before Summer Vacation
	30	<b>SUNDAY</b> Summer Vacation starts for students of Classes I-XII
 <b>*Summer Camp May 4 to 25, 2023</b>		

**- A. P. J. Abdul Kalam**  
15 October 1931- 27 July 2015






*“Ask the right questions, and  
nature will open the doors to her secrets.”*


# APRIL


# AAHAAR

# 2023

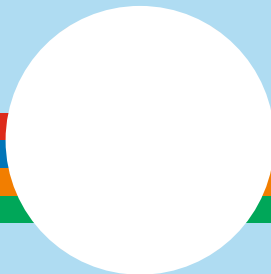
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5	6 Cholley - Kulche Raita	7  Good Friday	8 Peas Aloo Phulka Roti
9	10 Bhindi Masala Phulka Roti Salad	11 Paneer Tikka Phulka Roti Kachumber	12 Chana Gravy Phulka Roti Gulab Jamun	13 Idli Sambhar	14  Ambedkar Jayanti	15 Gwar Aloo Phulka Roti Fryums
16	17 Tindora Dry Phulka Roti Kachumber	18 Paneer Masala Phulka Roti Green Salad	19 Mix Kathore Phulka Roti Mohanthal	20 Sukhi Aloo Sabji Puri Buttermilk	21 Veg Khichdi Gujrati Kadhi Papad	22  Edi-ul-Fitar
23	24 Gwar Sabji Phulka Roti Fryums	25 Paneer Capsicum Phulka Roti Green Salad	26 Cholley Puri Coconut Ladoo	27 Pav - Bhaji Boondi Raita	28 Mix Veg Phulka Roti Papad	29 Dum Aloo Phulka Roti Veg Raita

THU	1	School reopens for Academic Heads and New Teachers New Teachers' induction by HR & Academic Heads Summer Vacation ends for Teachers (Classes I to XII)
FRI	2	School Reopens for Teachers Classes I to XII Teachers/ Staff Training – Day 1
SAT	3	Teachers/Staff Training – Day 2
	4	<b>SUNDAY</b>
MON	5	Teachers Training – Day 3
TUE	6	School Reopens for Classes V-XII
WED	7	New Parents' Orientation for Classes I-IV
THU	8	School Reopens for Classes I to IV
FRI	9	
SAT	10	Second Saturday- Working



	11	<b>SUNDAY</b>
MON	12	
TUE	13	
WED	14	
THU	15	Foundation Day (Board Results- Felicitation)
FRI	16	
SAT	17	
	18	<b>SUNDAY</b>
MON	19	
TUE	20	 Rathayatra - Holiday

WED	21	International Yoga Day Celebrations
THU	22	
FRI	23	
SAT	24	Mother's Workshop (Class II)
	25	<b>SUNDAY</b>
MON	26	Book Character Dress Up-Day begins (Classes I-IV) Creativity Week begins (Classes I-XII)
TUE	27	
WED	28	
THU	29	 Bakri Id - Holiday
FRI	30	Book Character Dress Up-Day ends (Classes I to IV) Creativity Week ends (Classes I-XII)

**- C.V. Raman**  
7 Nov 1888 - 21 Nov 1970




*"I am the master of my failure...  
If I never fail how will I ever learn."*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	5	6 Paneer Butter Masoor Dal Steamed Rice Phulka Roti Kachumber	7 Rajma Jeera Rice Phulka Roti Moong Halwa	8 Pav -Bhaji Veg Pulav Boondi Raita	9 Bhindi Masala Punjabi Kadhi Khichdi Phulka Roti	10 Sev Tamatar Dhaba Dal Steamed Rice Phulka Roti Fryums
11	12 Gwar Masala Dal Fry Steamed Rice Phulka Roti Buttermilk	13 Shahi Paneer Tuver Dal Steamed Rice Phulka Roti Green Salad	14 Mix Kathore Veg Rice Phulka Roti Gulab Jamun	15 Corn Tomato Dhaba Dal Steamed Rice Phulka Roti	16 Veg Kofta Dal Makhani Steamed Rice Phulka Roti Fryums	17 Moong Masala Veg Khichdi Phulka Roti Raita
18	19 Tindora Dry Dhaba Dal Jeera Rice Phulka Roti	20  Rath Yatra	21 Paneer Peas Moong Dal Steamed Rice Phulka Roti Boondi	22 Cholley Kulche Veg Pulav Boondi Raita	23 Mix Veg Gujarati Dal Jeera Rice Phulka Roti Fryums	24 Aloo Tamatar Dal Fry Steamed Rice Phulka Roti
25	26 Bhindi Masala Panchkuti Dal Steamed Rice Phulka Roti Buttermilk	27 Palak Paneer Chana Dal Steamed Rice Phulka Roti Green Salad	28 Chana Curry Veg Pulav Puri Mohanthal	29  Bakri Id	30 Tindora Dry Pulav Phulka Roti Raita	

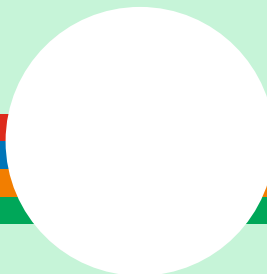
SAT	1	
	2	<b>SUNDAY</b>
MON	3	Literary Week begins (Classes I-XII) Inter-House Football & Basketball Competition begins
TUE	4	
WED	5	
THU	6	
FRI	7	Literary Week ends (Classes I-XII)
SAT	8	Second Saturday - Holiday
	9	<b>SUNDAY</b>
MON	10	PT-1 for Classes V-IX,PT-2 for Class X, UT-2 for Class XII and UT-1 for Class XI begin

TUE	11	
WED	12	
THU	13	
FRI	14	
SAT	15	Mother's Workshop (Class I)
	16	<b>SUNDAY</b>
MON	17	
TUE	18	PT-1 for Classes V-IX,PT-2 for Class X, UT-2 for Class XII and UT-1 for Class XI end
WED	19	
THU	20	

FRI	21	Hubs of Learning Activity (Inter-School Harit Vasundhara Competition)
SAT	22	Investiture Ceremony
	23	<b>SUNDAY</b>
MON	24	
TUE	25	
WED	26	
THU	27	
FRI	28	SAS Fest'23
SAT	29	 Muharram – Holiday
	30	<b>SUNDAY</b>
MON	31	Melody Week begins (Classes I-XII) Inter-House Football and Basketball Competition ends

**- Swami Vivekananda**  
7 Jan 1863 - 04 July 1902

*“Talk to yourself once in a day, otherwise  
you miss meeting an excellent person in this world.”*



# JULY

# AAHAAR


# 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31 Mix Veg Dal Makhani Steamed Rice Phulka Roti					1 Rajma Steamed Rice Phulka Roti Raita
2	3 Bhindi Masala Dal Fry Steamed Rice Phulka Roti	4 Paneer Butter Chana Dal Steamed Rice Phulka Roti Boiled Salad	5 Mix Kathore Veg Rice Phulka Roti Gulab Jamun	6 Dry Aloo Bhaji Dhaba Dal Steamed Rice Puri	7 Corn Capsicum Dal Makhani Steamed Rice Phulka Roti	8 <b>Second Saturday Holiday</b>
9	10 Veg Kohlapuri Dhaba Dal Steamed Rice Phulka Roti	11 Paneer Tikka Moong Dal Steamed Rice Phulka Roti	12 Cholley Pulav Puri Seera	13 Pav -Bhaji Veg Pulav Boondi Raita	14 Veg Kofta Punjabi Kadhi Jeera Rice Phulka Roti	15 Green Chauri Moong Dal Steamed Rice Phulka Roti
16	17 Gwar Sabji Dal Tadka Jeera Rice Phulka Roti	18 Paneer Gravy Masoor Dal Steamed Rice Phulka Roti	19 Chana Curry Pulav Puri Coconut Ladoo	20 Soya chunks Chana Dal Steamed Rice Phulka Roti	21 Corn Capsicum Gujrati Dal Steamed Rice Phulka Roti	22 Peas Aloo Dal Fry Steamed Rice Phulka Roti
23	24 Tindora Dry Panchkuti Dal Steamed Rice Phulka Roti	25 Paneer Capsicum Dal Fry Jeera Rice Phulka Roti	26 Rajma Jeera Rice Phulka Roti Boondi	27 Cholley Kulche Veg Pulav Boondi Raita	28 Rassa Aloo Gujrati Kadhi Khichdi Phulka Roti Fryums	29  <b>Muharram</b>

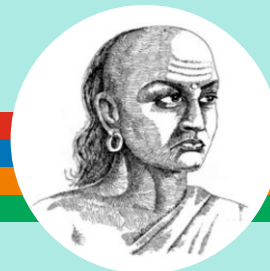


TUE	1	Inter House Badminton & Chess Competition begins
WED	2	
THU	3	
FRI	4	Melody Week ends (Classes I-XII)
SAT	5	
	6	<b>SUNDAY</b>
MON	7	Rhythm Week begins (Classes I-XII)
TUE	8	
WED	9	
THU	10	



FRI	11	Rhythm Week ends (Classes I-XII) Hubs of Learning Activity (Inter-School Music & Dance Competition)
SAT	12	<b>Second Saturday - Holiday</b>
	13	<b>SUNDAY</b>
MON	14	Science Week begins (Classes I-XII)
TUE	15	 Independence Day Celebrations (Classes V-XII)
WED	16	
THU	17	
FRI	18	
SAT	19	Science Week ends (Classes I-XII)
	20	<b>SUNDAY</b>

MON	21	Hindi Week begins (Classes I-XII)
TUE	22	
WED	23	
THU	24	
FRI	25	
SAT	26	Hindi Week ends (Classes I-XII)
	27	<b>SUNDAY</b>
MON	28	
TUE	29	
WED	30	 Rakshabandhan -Holiday
THU	31	Inter House Badminton & Chess Competition ends

**- Chanakya**  
371 BC - 283 BC




*“A moment of patience in a moment of anger can help us avoid a thousand moments of sorrow.”*


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<b>1</b> Paneer Gravy Dal Fry Peas Rice Phulka Roti Kachumber	<b>2</b> Mix Kathore Peas Rice Phulka Roti Mohanthal	<b>3</b> Cholley Kulche Pulav Raita	<b>4</b> Peas Aloo Dal Makhani Steamed Rice Phulka Roti	<b>5</b> Mix Veg Dal Tadka Veg Rice Phulka Roti
<b>6</b>	<b>7</b> Green Charuri Arhar Dal Steamed Rice Phulka Roti	<b>8</b> Paneer Capsicum Dal Fry Steamed Rice Phulka Roti Salad	<b>9</b> Choley Puri Veg-Pulav Gulab Jamun	<b>10</b> Corn Tomato Gujrati Dal Steamed Rice Phulka Roti	<b>11</b> Capsicum Aloo Punjabi Kadhi Veg Khichdi Phulka Roti	<b>12</b> <b>Second                      Saturday                      Holiday</b>
<b>13</b>	<b>14</b> Paneer Capsicum Tuver Dal Steamed Rice Phulka Roti	<b>15</b>  <b>Independence Day</b>	<b>16</b> Rajma Jeera Rice Phulka Roti Moong Halwa	<b>17</b> Pav Bhaji Veg Pulav Raita	<b>18</b> Sev Tamatar Gujrati Dal Steamed Rice Phulka Roti	<b>19</b> Moong Masala Tuver Dal Steamed Rice Phulka Roti
<b>20</b>	<b>21</b> Gwar Dal Tadka Steamed Rice Phulka Roti	<b>22</b> Paneer Tikka Masoor Dal Steamed Rice Phulka Roti Salad	<b>23</b> Chana Curry Palak Puri Pulav Sheera	<b>24</b> Veg Mix Moong Dal Steam Rice Phulka Roti	<b>25</b> Palak Corn Pakoda Kadhi Jeera Rice Phulka Roti	<b>26</b> Veg Kofta Dal Tadka Steamed Rice Phulka Roti
<b>27</b>	<b>28</b> Tindora Masoor Dal Steamed Rice Phulka Roti	<b>29</b> Paneer Corn Dal Tadka Jeera Rice Phulka Roti Coconut Ladoo	<b>30</b> 	<b>31</b> Pav Bhaji Veg Biryani Raita		


# SEPTEMBER



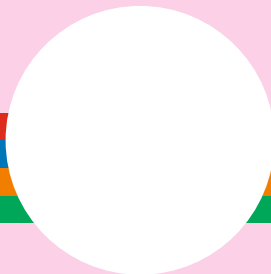
2023

FRI	1	Hubs of Learning Activity (Inter-School Literary Competition) Hindi Pakhwada begins
SAT	2	
3 SUNDAY		
MON	4	Inter- House Karate & Taekwondo Competition begins
TUE	5	Teacher's Day Celebrations
WED	6	
THU	7	 Janmashtami – Holiday
FRI	8	
SAT	9	Second Saturday - Holiday
10 SUNDAY		


MON	11	
TUE	12	Half Yearly Examination for Classes V-IX, XI & XII , PT-3 for Class X begin
WED	13	
THU	14	
FRI	15	Hindi Pakhwada ends
SAT	16	
17 SUNDAY		
MON	18	
TUE	19	 Ganesh Chaturthi - Holiday
WED	20	

THU	21	
FRI	22	
SAT	23	Half Yearly Examination for Classes V-IX, XI & XII, PT-3 for Class X end
24 SUNDAY		
MON	25	Maths Week begins (Classes I-XII)
TUE	26	
WED	27	
THU	28	 Milad un-Nabi / Id e-Milad-Holiday
FRI	29	
SAT	30	Maths Week ends ( Classes I-XII) Inter- House Karate & Taekwondo competition ends

**- Rabindranath Tagore**  
7 May 1861 - 7 Aug 1941



*“Everything comes to us that belongs to us if we create the capacity to receive it.”*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Mix Veg Dal Makhani Steamed Rice Phulka Roti	2 Dry Aloo Bhaji Panchkuti Dal Steamed Rice Puri
3	4 Bhindi Masala Masoor Dal Jeera Rice Phulka Roti	5 Palak Paneer Tuver Dal Steamed Rice Phulka Roti Kachumber	6 Mix Kathore Veg Rice Phulka Roti Gulab Jamun	7  Janmashtami	8 Cholley Kulche Pulav Boondi Raita	9 Second Saturday Holiday
10	11 Tindora Dry Chana Dal Steamed Rice Phulka Roti	12 Paneer Mutter Moong Dal Steamed Rice Phulka Roti	13 Chana Gravy Veg Pulav Phulka Roti Moong Halwa	14 Mix Veg Dal Fry Steamed Rice Phulka Roti	15 Corn Tomato Punjabi Kadhi Jeera Rice Phulka Roti	16 Chauri Gravy Arhar Dal Steamed Rice Phulka Roti
17	18 Paneer Capsicum Dal Tadka Steamed Rice Phulka Roti	19  Ganesh Chaturthi	20 Rajma Jeera Rice Phulka Roti Mohanthal	21 Pav Bhaji Veg Biryani Raita	22 Mix Veg Masala Khichdi Kadhi Phulka Roti	23 Tuver Gravy Steamed Rice Phulka Roti Boondi Raita
24	25 Gwar Aloo Dhaba Dal Steamed Rice Phulka Roti	26 Paneer Masala Masoor Dal Steamed Rice Phullka Roti Salad	27 Chana Curry Veg Biryani Puri Seera	28  Id e-Milad	29 Sev Tomato Gujarati Dal Steamed Rice Phullka Roti	30 Veg Kofta Dal Makhani Steamed Rice Phulka Roti


# OCTOBER



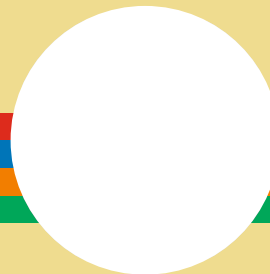
2023

	<b>1 SUNDAY</b>	
MON	<b>2</b>	Gandhi Jayanti – Holiday
TUE	<b>3</b>	Inter-House Table Tennis, Lawn Tennis & Kho-Kho competition begins
WED	<b>4</b>	
THU	<b>5</b>	
FRI	<b>6</b>	
SAT	<b>7</b>	
	<b>8 SUNDAY</b>	
MON	<b>9</b>	
TUE	<b>10</b>	

WED	<b>11</b>	Jr School Prabhat'23
THU	<b>12</b>	Jr School Prabhat'23
FRI	<b>13</b>	Jr School Prabhat'23
SAT	<b>14</b>	Jr School Prabhat'23 Second Saturday - working
	<b>15 SUNDAY</b>	
MON	<b>16</b>	
TUE	<b>17</b>	
WED	<b>18</b>	
THU	<b>19</b>	
FRI	<b>20</b>	

SAT	<b>21</b>	
	<b>22 SUNDAY</b>	
MON	<b>23</b>	Holiday in lieu of Second Saturday
TUE	<b>24</b>	 Dussehra
WED	<b>25</b>	
THU	<b>26</b>	
FRI	<b>27</b>	
SAT	<b>28</b>	
	<b>29 SUNDAY</b>	
MON	<b>30</b>	
TUE	<b>31</b>	Inter-House Table Tennis, Lawn Tennis & Kho-Kho competition ends

**- Sarojini Naidu**  
13 Feb 1879 - 2 March 1949





*“We want deeper sincerity of motive,  
a greater courage in speech & earnestness in action.”*

# OCTOBER

# AAHAAR

# 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2  Gandhi Jayanti	3 Paneer Butter Tuver Dal Steamed Rice Phulka Roti Green Salad	4 Rajma Veg Pulav Phulka Roti Gulab Jamun	5 Dry Aloo Bhaji Panchkuti Dal Steamed Rice Palak Puri	6 Cabbage peas Masoor Dal Steamed Rice Phulka Roti Papad	7 Capsicum Chana Dal Steamed Rice Phulka Roti
8	9 Palak Peas Dhaba Dal Plain Rice Phulka Roti	10 Paneer Corn Moong Dal Steamed Rice Phulka Roti Kachumber	11 Tuver Curry Veg Biryani Phulka Roti Moong Halwa	12 Pav Bhaji Veg Biryani Boondi Raita	13 Mix Veg Gujrati Dal Steamed Rice Phulka Roti Fryums	14 Aloo Gravy Dal Tadka Jeera Rice Puri
15	16 Methi Aloo Tuver Dal Steamed Rice Phulka Roti Fryums	17 Paneer Peas Masoor Dal Jeera Rice Phulka Roti Salad	18 Rajma Gravy Steamed Rice Phulka Roti Boondi	19 Corn Tomato Dal Fry Steamed Rice Phulka Roti	20 Capsicum Aloo Dal Makhani Steamed Rice Phulka Roti	21 Moong Masala Veg Khichdi Phulka Roti Raita
22	23 Holiday in lieu of Second Saturday	24  Dussehra	25 Mix Kathore Veg Rice Butter Roti Coconut Ladoo	26 Choley Kulche Pulav Raita	27 Mix Papdi Pakoda Kadhi Khichdi Phulka Roti Fryums	28 Cauliflower Dhaba Dal Jeera Rice Phulka Roti
29	30 Palak Aloo Panchkuti Dal Jeera Rice Phulka Roti	31 Paneer Tikka Dhaba Dal Steamed Rice Phulka Roti Kachumber				

# NOVEMBER



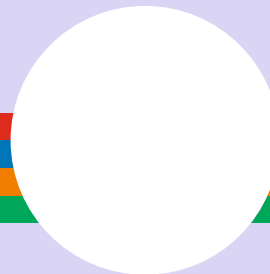
2023

WED	1	Inter-House Yoga & Cricket competition begins
THU	2	
FRI	3	
SAT	4	Children's Day Celebrations (Classes I to IV) Sr. School Prabhat' 23
SUN	5	Sr School Prabhat' 23
MON	6	Sr School Prabhat' 23
TUE	7	Sr School Prabhat' 23
WED	8	Diwali Puja
THU	9	Diwali Vacation for students and staff begins
FRI	10	




SAT	11	
	12	Diwali <b>SUNDAY</b>
MON	13	
TUE	14	
WED	15	
THU	16	
FRI	17	
SAT	18	
	19	<b>SUNDAY</b>
MON	20	School Reopens for staff Teachers Training( Classes I to XII)

TUE	21	School reopens for students (Classes I to XII)
WED	22	
THU	23	
FRI	24	
SAT	25	
	26	<b>SUNDAY</b>
MON	27	Guru Nanak Jayanti
TUE	28	
WED	29	
THU	30	Inter-House Yoga & Cricket competition ends

- **Aryabhata**  
476 AD - 550 AD



“Starting from ZERO get nothing to lose.”

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Choley Pulav Puri Mohanthal	2 Cauliflower Chana Dal Steamed Rice Phulka Roti	3 Palak Aloo Gujarati Dal Jeera Rice Phulka Roti Fryums	4 Mix Papdi Tuver Dal Steamed Rice Phulka Roti
5	6 Methi Aloo Dal Tadka Steamed Rice Phulka Roti	7 Mutter Paneer Arhar Dal Jeera Rice Phulka Roti Salad	8 Mix Kathore Veg Rice Phulka Roti Gulab Jamun	9 10 11  Diwali Vacation Begins		
12  Diwali	13	14	15	16	17	18
19	20 Cabbage Peas Dal Fry Steamed Rice Phulka Roti	21 Paneer Malai Panchkuti Dal Veg Rice Phulka Roti Green Salad	22 Chana curry Veg Biryani Phulka Roti Seera	23 Dum Aloo Tuver Dal Peas Rice Phulka Roti Fryums	24 Mix Veg Punjabi Kadhi Steamed Rice Phullka Roti	25 Peas Aloo Dal Fry Veg Rice Phulka Roti
26	27  Guru Nanak Jayanti	28 Corn Paneer Tuver Dal Steamed Rice Phulka Roti Kachumber	29 Tuver Gravy Veg Rice Phulka Roti Coconut Ladoo	30 Pav Bhaji Pulav Boondi Raita		





# DECEMBER



2023

FRI	1	
SAT	2	
	3	SUNDAY
MON	4	IT Week begins Inter- House Skating Competition begins
TUE	5	Pre Board Examination for Classes X and XII, PT-2 for Class IX and UT-2 for class XI begin
WED	6	
THU	7	
FRI	8	IT Week ends
SAT	9	Second Saturday - Holiday
	10	SUNDAY

MON	11	Heritage Week begins
TUE	12	
WED	13	
THU	14	
FRI	15	Heritage Week ends
SAT	16	Hubs of Learning activity (Inter- School I.T. Competition) Pre Board Examination for Classes X & XII, PT-2 for Class IX and UT-2 for Class XI ends Class XII Mock-Practical begins   Classes V-VIII PT-2 begins
	17	SUNDAY
MON	18	
TUE	19	
WED	20	

THU	21	
FRI	22	
SAT	23	Class XII Mock-Practical ends Classes V-VIII-PT-2 ends
	24	SUNDAY
MON	25	 Christmas
TUE	26	Career Counselling Workshop for students and parents of Class X
WED	27	Inter - House Skating Competition ends
THU	28	
FRI	29	Winter Break Begins 
SAT	30	
	31	SUNDAY

- **Samrat Ashoka**  
304 BC - 232 BC

*"No society can prosper if it aims at making things easier - instead it should aim at making people stronger."*

# DECEMBER

# AAHAAR

# 2023



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31					1 Methi Aloo Gujarati Dal Steamed Rice Phulka Roti Fryums	2 Cauliflower Peas Pulav Phulka Roti Boondi Raita
3	4 Mix Papdi Dhaba Dal Steamed Rice Phulka Roti Fryums	5 Paneer Palak Panchkuti Dal Peas Rice Phulka Roti Green Salad	6 Chana Curry Veg Rice Phulka Roti Mohanthal	7 Dum Aloo Dhaba Dal Steamed Rice Palak Puri	8 Veg Corn Dal Makhani Steamed Rice Phulka Roti	9 <b>Second Saturday Holiday</b>
10	11 Palak Aloo Dal Fry Steamed Rice Phulka Roti	12 Paneer Tikka Panchkuti Dal Steamed Rice Phulka Roti	13 Rajma Jeera Rice Phulka Roti Kheer	14 Choley Kulche Veg Pulav Boondi Raita	15 Mix Veg Punjabi Kadhi Khichdi Phulka Roti	16 Peas Aloo Dhaba Dal Plain Rice Phulka Roti
17	18 Cauliflower Chana Dal Plain Rice Phulka Roti	19 Paneer Peas Dal Tadka Steamed Rice Phulka Roti Green Salad	20 Mix Kathore Veg Rice Phulka Roti Gulab Jamun	21 Methi Aloo Dhaba Dal Steamed Rice Phulka Roti Fryums	22 Sev Tomato Veg Pulav Phulka Roti Raita	23 Beans Aloo Dhaba Dal Steamed Rice Phulka Roti
24	25  Christmas	26 Paneer Masala Tuver Dal Peas Rice Phulka Roti	27 Choley Pulav Palak Puri Seera	28 Pav bhaji Veg Biryani Raita	29  Winter Break Begins	30


# JANUARY



2024

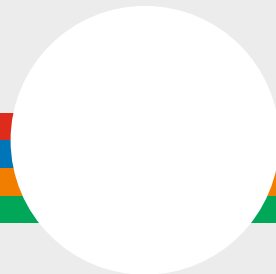
MON	1	2024	New Year – 2024
TUE	2		Inter House Athletic Competition begins
WED	3		
THU	4		
FRI	5		
SAT	6		
	7	SUNDAY	
MON	8		
TUE	9		
WED	10		




THU	11		
FRI	12		
SAT	13		Second Saturday - Holiday
	14		Uttarayan - Holiday SUNDAY
MON	15		Vasi Uttarayan – Holiday
TUE	16		Class Photo Session - Sr. School
WED	17		Class Photo Session –Sr. School
THU	18		Class Photo Session –Sr. School
FRI	19		Class Photo Session –Sr. School
SAT	20		

	21	SUNDAY	
MON	22		Bhartiyam Week begins
TUE	23		
WED	24		
THU	25		
FRI	26		Republic Day Celebrations 
SAT	27		Inter House Athletic Competition ends Bhartiyam Week ends Annual Prize Day
	28	SUNDAY	
MON			
TUE	30		
WED	31		

**- Subhas Chandra Bose**  
23 Jan 1897 - 18 Aug 1941

*“It is blood alone that can pay the price of freedom,  
give me blood and I will give you freedom.”*



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>1</b> <b>New Year Holiday</b>	<b>2</b> Paneer Butter Tuver Dal Steamed Rice Phulka Roti	<b>3</b> Mix Kathore Veg Rice Phulka Roti Gulab Jamun	<b>4</b> Choley Kulche Veg Pulav Boondi Raita	<b>5</b> Cauliflower Veg Pulav Phulka Roti Boondi Raita	<b>6</b> Beans Aloo Gujarati Kadhi Khichadi Phulka Roti Fryums
<b>7</b>	<b>8</b> Methi Aloo Dal Tadka Steamed Rice Phulka Roti Fryums	<b>9</b> Paneer Gravy Moong Dal Steamed Rice Phulka Roti Kachumber	<b>10</b> Rajma Jeera Rice Phulka Roti Seera	<b>11</b> Mix Papdi Pakoda Kadhi Steamed Rice Phulka Roti	<b>12</b> Undhiyu Gujrati Dal Steamed Rice Phulka Roti Jalebi	<b>13</b> <b>Second Saturday Holiday</b>
<b>14</b>  <b>Uttrayan</b>	<b>15</b>  <b>Vasi Uttrayan</b>	<b>16</b> Palak Paneer Dal Fry Peas Rice Phulka Roti Salad	<b>17</b> Chana Gravy Veg Biryani Puri Mohanthal	<b>18</b> Pav Bhaji Peas Pulav Raita	<b>19</b> Dry Aloo Bhaji Dal Makhani Jeera Rice Palak Puri Papad	<b>20</b> Corn Capsicum Arhar Dal Steamed Rice Phulka Roti
<b>21</b>	<b>22</b> Cauliflower Dhaba Dal Steamed Rice Phulka Roti Papad	<b>23</b> Paneer Tikka Masoor Dal Steamed Rice Phulka Roti Kachumbar	<b>24</b> Tuver Gravy Veg Rice Phulka Roti Coconut Ladoo	<b>25</b> Sev Tomato Punjabi Kadhi Khichdi Phulka Roti Fryums	 <b>26</b> <b>Republic Day</b>	<b>27</b> Cabbage Peas Panchkuti Dal Jeera Rice Phulka Roti
<b>28</b>	<b>29</b> Palak Peas Dal Tadka Steamed Rice Phulka Roti	<b>30</b> Paneer Gravy Chana Dal Steamed Rice Phulka Roti Salad	<b>31</b> Choley Veg Pulav Palak Puri Kheer			

# FEBRUARY



2024

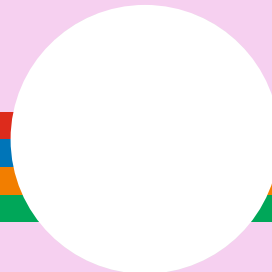
THU	1	Class Photo Session - Jr. School Classes IX and XI (Theory) Annual exam begins
FRI	2	Class Photo Session – Jr. School
SAT	3	
4 SUNDAY		
MON	5	Class Photo Session – Jr. School
TUE	6	Class Photo Session – Jr. School
WED	7	
THU	8	
FRI	9	
SAT	10	Second Saturday - Holiday

11 SUNDAY		
MON	12	
TUE	13	
WED	14	
THU	15	Classes X and XII CBSE Board Exams begins**
FRI	16	Classes IX and XI (Theory) Annual examination ends
SAT	17	Class XI Annual Practical Examination begins
SUN	18	
MON	19	
TUE	20	

WED	21	
THU	22	
FRI	23	
SAT	24	
25 SUNDAY		
MON	26	Class XI Annual Practical Examination ends
TUE	27	
WED	28	
THU	29	Annual PTM for Classes IX and XI Orientation for Classes X and XII (2024-25 Session)

**- Mother Teresa**  
26 Aug 1910 - 5 Sep 1997

*"If you judge people,  
you have no time to love them."*




# FEBRUARY


# AAHAAR

# 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<b>1</b> Aloo Palak Tuver Dal Steamed Rice Phulka Roti	<b>2</b> Corn capsicum Veg Biryani Phulka Roti Raita	<b>3</b> Aloo Sabji Dal Tadka Steamed Rice Phulka Roti
<b>4</b>	<b>5</b> Methi Aloo Dal Tadka Steamed Rice Phulka Roti	<b>6</b> Paneer Gravy Tuver Dal Steamed Rice Phulka Roti Kachumber	<b>7</b> Rajma Jeera Rice Phulka Roti Moong Halwa	<b>8</b> Pav Bhaji Peas Pulav Raita	<b>9</b> Cauliflower Punjabi Kadhi Moong Khichdi Phullka Roti Papad	<b>10</b> <b>Second Saturday Holiday</b>
<b>11</b>	<b>12</b> Palak Aloo Dal Fry Steamed Rice Phulka Roti	<b>13</b> Paneer Mutter Dal Makhni Peas Rice Phulka Roti Green Salad	<b>14</b> Mix Kathore Steamed Rice Phulka Roti Gulab Jamun	<b>15</b> Choley Kulche Veg Pulav Boondi Raita	<b>16</b> Corn Tomato Arhar Dal Steamed Rice Phulka Roti Fryums	<b>17</b> Mix Veg Dal Fry Steamed Rice Phulka Roti
<b>18</b>	<b>19</b> Mix Papdi Dhaba Dal Steamed Rice Phulka Roti	<b>20</b> Paneer Capsicum Arhar Dal Peas Rice Phulka Roti Green Salad	<b>21</b> Chana Gravy Veg Rice Phulka Roti Seera	<b>22</b> Veg Kofta Gujrati Kadhi Khichdi Phulka Roti Fryums	<b>23</b> Capsicum Aloo Gujrati Dal Jeera Rice Phulka Roti	<b>24</b> Sev Tomato Pakoda Kadhi Veg Khichdi Phulka Roti
<b>25</b>	<b>26</b> Cauliflower Dhaba Dal Steamed Rice Phulka Roti	<b>27</b> Paneer Masala Moong Dal Steamed Rice Phullka Roti Green Salad	<b>28</b> Tuver Gravy Jeera Rice Phulka Roti Coconut Ladoo	<b>29</b> Bhindi Masala Tuver Dal Jeera Rice Phulka Rotil Buttermilk		

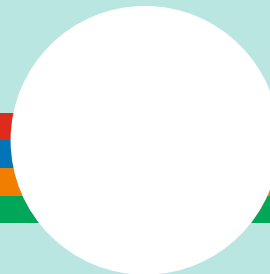
FRI	1
SAT	2
3 SUNDAY	
MON	4 New Session begins - Classes X & XII**
TUE	5 Annual Examination for Classes V to VIII begins
WED	6
THU	7
FRI	8  Maha Shivratri
SAT	9 Second Saturday - Holiday
10 SUNDAY	

MON	11
TUE	12
WED	13
THU	14
FRI	15 Last working day of the session Classes I- IV
SAT	16 Orientation for Class I
17 SUNDAY	
MON	18 Annual Examination for Classes V to VIII ends Last working day of the session Classes V-VIII
TUE	19
WED	20 Orientation Cum Annual PTM for Classes I to IV begins

THU	21
FRI	22
SAT	23
24 SUNDAY	
MON	25  Dhuleti – Holiday*
TUE	26 Orientation Cum Annual PTM for Classes I to IV ends
WED	27 Orientation Cum Annual PTM for Classes V to VIII begins
THU	28
FRI	29
SAT	30 Orientation Cum Annual PTM for Classes V to VIII ends
31 SUNDAY	

- Gargi Vachaknavi  
c. 7th century BCE



"The layer that is above the sky and below the earth,  
which is described as being situated between the earth and the sky  
and which is indicated as the symbol of the past, present, and future,  
where is that situated?"



# MARCH

# AAHAAR

# 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31					1 Peas Aloo Punchkuti Dal Steamed Rice Phulka Roti	2 Mix Veg Dhaba Dal Steamed Rice Phulka Roti
3	4 Bhindi Masala Pakoda Kadhi Steamed Rice Phulka Roti Buttermilk	5 Paneer Butter Moong Dal Veg Rice Phulka Roti Green Salad	6 Rajma Veg Rice Phulka Roti Gulab Jamun	7 Veg Kofta Gujrati Dal Steamed Rice Phulka Roti	8  Maha Shivratri	9 Second Saturday Holiday
10	11 Palak Corn Dal Fry Steamed Rice Phulka Roti	12 Paneer Peas Chana Dal Jeera Rice Phulka Roti Kachumber	13 Chana Curry Pulav Phulka Rotii Mohanthal	14 Pav Bhaji Pulav Raita	15 Veg Kadai Pakoda Kadhi Steamed Rice Phulka Roti	16 Aloo Tomatar Veg Pulav Puri Raita
17	18 Tindora Dry Dal Tadka Steamed Rice Phulka Roti Fryums	19	20	21	22	23
24	25  Dhuleti	26	27	28	29	30





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